

Lap Band Tips

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As Lisa sees it, you need to be mentally prepared for the surgical procedure and if you are prepared to lose the weight, it will pretty much come right off, proving that Lap Band Was the Answer. While Lisa says that she has a lot more weight to lose, it is awesome having so much more energy to start the day with each and every day.

For someone who has struggled since when she was a teenager with her weight, Lisa believes that Lap Band Was the Answer for her.

According to Lisa, her ultimate weight loss goal is to lose 100 pounds.

With her goal in mind, Lisa continues to be happy she went through with the lap band procedure and believes she owes a lot to her doctors and those who helped her to get where she wants to go with her weight.

Like countless others battling to lose the weight, Lisa is just one more example of why Lap Band Was the Answer.