

## Lap Band Battles Illness

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Many individuals who have had lap band surgery through a qualified lap band surgeon will tell you that it was not only a cosmetic decision, but one to help better their quality of life.

Among the many health issues that obese people face is a greater risk for diabetes.

Diabetes is when the body cannot efficiently handle the sugar (glucose) that's in one's blood. Too much sugar in the blood can result in problems for numerous parts of the body, including blood vessels and nerves.

One of the two types of the illness is Type 2 Diabetes, which typically starts in adulthood. A more alarming fact is that children are now becoming victims of this disease it because of the increase in obesity and decrease in exercise.

Type 2 Diabetes is the most common type of diabetes and the one that's linked to being overweight. Insulin shots may also be necessary for people that develop Type 2 Diabetes, but in most scenarios, it can be prevented by maintaining a healthy weight, eating the right foods, and being physically fit. When Lap Band Takes Away Weight, it also decreases the chances of battling diseases like this for a lifetime.